

MCIL'S TRANSITION PROGRAM

The Metropolitan Center for Independent Living, (MCIL), provides Transition services for students with disabilities beginning as early as middle school and continuing until their 22nd birthday.



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**METROPOLITAN CENTER FOR
INDEPENDENT LIVING**

Established 1981

Proudly Serving the Twin Cities
Area & Surrounding Communities



TRANSITION PROGRAM

*Working with people
with disabilities in
fulfilling their desire to
lead productive self-
determined lives.*

651.603.2018

1600 University Avenue W.
St. Paul, MN 55104
OPEN Monday—Friday 8-4:30
www.mcil-mn.org

SERVICES WE OFFER

WORKSHOPS AROUND TRANSITION:

MCIL student workshops create a transitional link between school experience and community participation. Please check out our website or call the transition department for a list of current workshops and their cost.



INFORMATION AND REFERRAL SERVICES

We do everything possible to make it easy for students and their families to locate transition resources, explore options, and choose the services that are best for them. Our staff are knowledgeable, creative, and supportive when navigating resource providers (Social Security, Vocational Rehabilitation, State and County Services, Housing Authorities, etc.). There is no fee for this service.

INDEPENDENT LIVING SKILLS

This highly individualized service is specifically identified by the student, and supports. For a list of these skill sets and assessments please contact MCIL for more information. Assessments are a fee for service and are not exclusive to Transition Services.

IEP ASSISTANCE

We assist students, families, and educational staff with the development of Individual Education Plans. MCIL assists with understanding the IEP process and integrating independent living skills and personal development into the IEP. There is no charge for this service.

TRANSITIONING WITH TECHNOLOGY

Technology is a tool that students can use to meet a variety of daily living needs. Whether they are managing finances, searching for jobs, applying to colleges, locating bus routes, finding times at a local movie theater, communicating with friends online, using technology gives students the information to assist in their independence.

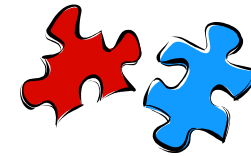
MCIL believes Transition and Technology go hand-in-hand, and that is why MCIL offers many technology workshops as well as one-on-one time in the MCIL technology lab.



ONLINE DISCUSSION BOARD



MCIL has designed a place where people can come to talk about transition and the inner workings of who's involved 24:7. People can discover: access to resources, find ways to answer questions, solve problems and influence others lives through sharing experience. With over 80 different topics and 400 postings there's bound to be something to catch your eye! All this in an informative fashion to get involved in education, the world, and life.



OFF-SITE SELF ADVOCACY TRAINING

MCIL Transition Specialists are willing to travel to your area middle schools, high schools, and 18-22 programs to train students in self-advocacy. Self-advocacy training is available in a variety of modules: Fees for these trainings are on a sliding fee scale, please contact the Transition Department for more information.

Training Areas Include But Are Not Limited To:

Student lead I.E.P.'s; Housing; Employment Skills; Disability Disclosure; Self-Esteem; Leadership; Assertiveness; Decision Making; Self-Knowledge; Career Planning; Navigating Service Providers; Supervising Personal Care Attendants; etc.

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